Before you Ride Guide

Route # & Destination





Look for route # and destination displayed at the top of the front of the bus. METRO provides service to Brunswick, Gorham, Portland, Westbrook, Falmouth, Freeport, South Portland, and Yarmouth. with connections to other regional transit services.

Bus Stop Sign

Wait for a METRO bus where you see a bus stop sign.

It's always a good idea to arrive at your stop five minutes before the bus is due to arrive. Use a hand motion to signal the bus driver at the bus stop. There are hundreds of bus stops throughout our service area.



Boarding the Bus



Wait for other passengers to exit the bus before boarding and show the bus operator your DiriGo Pass (or pay fare if you do not have a pass or ticket).

Seats in the front of the bus are designated for seniors and persons with disabilities. If there are no seats available, it's ok to stand and hold on. Make sure you stand behind the yellow line.



Getting off the Bus

When you want the bus to stop, please pull the cord or press the yellow tape strip along the windows inside the bus. This will signal the bus driver to stop at the next bus stop. There are both vertical and horizontal pull cords on the bus.



The METRO Pulse at Elm Street -- across from the Portland Library and around the corner from Portland High School - is our Downtown Transit Hub.

Ask questions, connect to other routes, pick up the latest schedule.